



THE AUSTRALIAN COLLEGE OF EASTERN MEDICINE

Student Unit Guide **ACEMS3**

Unit 7 Shiatsu 3 **Unit Duration 64 hours**

Pre-requisites Unit 1, Unit 3 Oriental Medicine

Mode of Delivery On Campus
Senior Lecturer Thomas Ebejer

Unit Aim

This subject emphasises the role of the more intuitive aspects of Shiatsu. Tao Shiatsu, Point Holding, O-Ring Testing and refinement of individual techniques are studied here.

Learning Outcomes

On successful completion of this unit, students will be able to:

- a. Describe and apply Tao Shiatsu principles.
- b. Describe and apply Point Holding in treating specific disorders.
- c. Describe and apply the O-Ring test.
- d. Develop an individual and intuitive approach to treatment.

Session Plan

1	Tao Shiatsu
2	Point Holding/Wrist and Ankle therapy
3	O-Ring Test
4	Developing individuality in treatment
5	Muscle release therapy and body memory

Assessment Requirements

Assessment	Weighting
Practical Demonstration of the Shiatsu 2 practical training including Spinal stimulation exercises.	100%
80% attendance and active participation	Competent /Non Competent

Students will be expected to participate as both client and practitioner to achieve a pass in this subject.

References

Text supplied

Zen Shiatsu *Shizutu Masanaga*

Meridian Exercises *Shizutu Masanga*

Shiatsu *Wataru Ohashi*

Beyond Shiatsu *Wataru Ohashi*

Tao Shiatsu *Ryoko Endo*