



THE AUSTRALIAN COLLEGE  
OF EASTERN MEDICINE



## 2025 PROSPECTUS



NATIONALLY RECOGNISED  
TRAINING

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## **Our Locations**

### **Sydney Campus**

Shop GRD C3000

Top Ryde City

Cnr Blaxland Rd and Devlin St Ryde 2112 NSW

Ph 02 980 78 161

Email: [toprydeacem@gmail.com](mailto:toprydeacem@gmail.com)

### **Norther Rivers Campus**

17 Walker St Clunes 2480 NSW

Ph: 0407 077 118

Email: [tom@orientalmedicine.com.au](mailto:tom@orientalmedicine.com.au)

### **Rockhampton Campus**

30 Blanchard St Berserker 4701 Qld

Ph: 0406 030 332

Email: [acemrocky@outlook.com](mailto:acemrocky@outlook.com)

## **About us.**

The college was first established back in 1987 as The Queensland College of Oriental Medicine.

As the number of courses and campuses increased, the name was changed to The Australian College of Eastern Medicine

Our college offers Nationally Recognised Training in Remedial Massage and Shiatsu.

Our RTO code is #30835.

Training options include Nationally Recognised Training in Shiatsu, Nationally Recognised Training in Remedial Massage.

We are also a CRICOS accredited training centre [Provider #03861H] offering overseas students the opportunity to study Shiatsu and Remedial Massage to the very high national standards.

Our focus is on individual training in a mentor style of tuition, with class sizes kept small so that individual attention is assured. We take great pride in our very high level of graduates' success in continuing on into their chosen vocation of complementary medicine.

All courses are designed to equip the graduate with the skills necessary to be a well rounded health professional. Training includes a strong focus on self-development, awareness and compassion for others. These attributes are fundamental components of a good practitioner.



## Diploma of Remedial Massage HLT52021



This Nationally Recognised Diploma level course is designed to make your career as a professional Massage Therapist as successful and sustainable as possible. The course embraces a good grounding in Western Massage techniques and theory, as well as a variety of Eastern Massage approaches.

Graduates enjoy the ability to offer a wider variety of techniques to their patients to achieve the best result. Many of the Eastern massage techniques (such as the use of Trigger Points) offer a less strenuous, more sustainable and more effective way to physically treat people. People have benefited from different massage skills for thousands of years and these methods can easily be incorporated within a massage treatment. Working smarter for a better patient outcome leads to a long-term successful career as a Massage Therapist. Aspects of training include massage and nutrition for athletes, use of osteopathic techniques in releasing chronic structural imbalances, Cupping and Trigger Point therapy.

Training is offered in either a 12 month full time program or an 18 month part time program

Below is the list of subjects where the Health Training package requirements are completed.

Unit	Subject	Hours	Fees
Unit 1	Anatomy and Physiology	120	\$650
Unit 2	Massage and practice in Australian Health Care	40	\$350
Unit 3	Counselling Skills	60	\$650
Unit 4	Introduction to Massage	80	\$650
Unit 5	Pathology	70	\$650
Unit 6	Massage Assessments and Protocols	80	\$650
Unit 7	Practice Management	80	\$650
Unit 8	Business Plans	40	\$450
Unit 9	Work Health and Safety	30	\$350
Unit 10	Senior First Aid	30	\$140
Unit 11	Reflexology	60	\$650
Unit 12	Remedial Massage Theory and Practice 1	60	\$650
Unit 13	Massage for Different Needs	60	\$650
Unit 14	Remedial Massage Theory and Practice 2	60	\$650
Unit 15	Food as medicine	40	\$650
Unit 16	Sports Massage	60	\$650
Unit 17	Pain Neuroscience applications	60	\$650
Unit 18	Supervised Student Clinic	270	\$650
	Administration Fee		\$250
	Total	1280	\$10,640

## Course Codes Diploma Remedial Massage HLT52021

Course Code	Course description	Hours
CHCCOM006	Establish and manage client relationships	40
CHCDIV001	Work with diverse people	30
CHCLEG003	Manage legal and ethical compliance	25
HLTMSG011	Provide massage treatments	60
CHCPRP005	Engage with health professionals and the health system	45
BSBESB401	Research and develop business plans	45
HLTAAP003	Analyse and respond to client health information	60
HLTAID011	Provide first aid	30
HLTINF004	Manage the prevention and control of infection	20
HLTINFCOV001	Comply with infection prevention and control policies and procedures	20
HLTMSG009	Develop massage practice	50
HLTMSG010	Assess client massage needs	75
HLTMSG013	Perform remedial massage musculoskeletal assessments	100
HLTMSG015	Adapt massage treatments to meet specific needs	50
HLTMSG014	Provide remedial massage treatments	190
HLTREF002	Provide reflexology for relaxation	50
HLTMSG018	Adapt remedial massage practice for athletes	50
HLTMSG008	Monitor and evaluate remedial massage treatments	40
HLTMSG016	Apply principles of pain neuroscience	45
HLTMSG017	Apply remedial massage clinical practice	45
HLTWHS004	Manage work health and safety	35
SISXCAI010	Develop strength and conditioning programs	35
HLTSS00082	Applied Massage for Pain Management Skill Set	40
HLTAAP002	Confirm physical health status	50
CHCPOL003	Research and apply evidence to practice	50
	<b>TOTAL HOURS</b>	<b>1280</b>

## Diploma of Shiatsu and Oriental Therapies HLT52215



Our Training program is very comprehensive as it includes many styles of Shiatsu that have developed over the years.

Students are instructed in many techniques of diagnosis and therapy unique to Shiatsu.

A strong focus on self development is a key philosophy of this training. This includes Yoga and Qi Gong. The preparation of foods for particular times of the year and for different health conditions is included in this training.

Shiatsu has amalgamated Japanese and Chinese medicine techniques and philosophies.

The course includes a thorough investigation of Traditional Japanese and Chinese Medicine theory to enhance the ability to accurately diagnose and therefore treat many health issues that plague the world today.

## Diploma Shiatsu and Oriental Therapies HLT52215 units of Training

<b>Unit</b>	<b>ACEM unit mapping of HLT52215</b>	<b>Hours</b>	<b>Fees</b>
1	Anatomy and Physiology	120	\$650
2	Shiatsu 1	60	\$650
3	Counseling Skills	80	\$650
4	Shiatsu 2	60	\$650
5	Pathology	70	\$650
6	Oriental Medicine Theory	80	\$650
7	Practice Management	80	\$650
8	Business Plans	40	\$450
9	Work Health and Safety	30	\$350
10	Senior First Aid	30	\$150
11	Meridian Theory and Point Location	60	\$650
12	Physical Diagnosis	60	\$650
13	Differential Diagnosis	60	\$650
14	Shiatsu 3	60	\$650
15	Assessment and Care	60	\$650
16	Oriental Therapies	60	\$650
17	Oriental Remedial Therapies	60	\$650
18	Psychology and Oriental Medicine	60	\$650
19	Food as Medicine	60	\$650
20	Clinical Practice	250	\$650
	<b>Total</b>	<b>1,280</b>	<b>\$12,000</b>

## Course Codes Diploma Shiatsu and Oriental Therapies HLT 52215

SUBJECT CODE	Unit Title	Hours
CHCCOM006	Establish and manage client relationships	65
CHCDIV001	Work with diverse people	20
CHCLEG003	Manage legal and ethical compliance	25
CHCPRP003	Reflect on and improve own professional practice	25
CHCPR005	Engage with health professionals and the health system	20
HLTAAP002	Confirm physical health status	45
HLTAAP003	Analyse and respond to client health information	90
HLTAID011	Provide first aid	30
HLTINF004	Manage the prevention and control of infection	20
HLTSHU001	Work within a framework of traditional oriental medicine	45
HLTSHU002	Develop Shiatsu Practice	50
HLTSHU003	Maintain personal health and awareness for traditional oriental medicine practice	100
HLTSHU004	Perform Shiatsu therapy health assessments	110
HLTSHU005	Perform oriental therapies health assessments	70
HLTSHU006	Provide Shiatsu therapy treatments	190
HLTSHU007	Provide oriental therapies treatments	90
HLTSHU008	Adapt Shiatsu and oriental therapies practice to meet specific needs	90
HLTSHU009	Monitor and evaluate traditional oriental medicine treatments	30
HLTWHS004	Manage work health and safety	45
BSBSMB403	Market the small business	45
BSBSMB404	Undertake small business planning	35
CHCCCS001	Address the needs of people with chronic disease	35
CHCDIS007	Facilitate the empowerment of people with disability	35

## First Aid Certificate Courses

We offer training in the Following First Aid Courses :

- \* Provide First Aid. HLTAID011
- \* Provide Basic Emergency Life Support. HLTAID010
- \* Provide Cardiopulmonary Resuscitation HLTAID009

Training is provided in mixed mode and online



**WAIVER**

Please note that although our college will endeavour to support all students in every possible way to help them achieve their goals, we cannot guarantee that students will be successful in obtaining a qualification or statement of attainment.

We will attempt to support graduates with their quest to obtain employment in remedial massage, however we cannot guarantee that they will be successful in obtaining this outcome.

We also cannot guarantee that any graduate will be eligible for any licence or accreditation as a result of the training and/or assessment, unless the issuer of that licence or accreditation has confirmed this to be the case.

We also cannot guarantee that a student will successfully complete a training product or that a training product can be completed in a manner that does not meet the requirements of clause 1.1 and 1.2 of the Standards.



